

## **Vidyarthini Manch Report 2023 -24**

Mrs. Gauri Walimbe  
Mrs. Suruchi phadke  
Mrs.Rajaishwari Dhotre  
Mrs.Reema Shaha

This academic year 2023 -24 VIDYARTHINI MANCH organized different activities.

### **Atharvshirsh Pathan September 2023**

In this activity students of Junior College chanted Atharvshirsh in all classrooms, Principal's cabin, in administrative office, in the library and also in Gymkhana department .Students also explained the importance of chanting Atharvshirsh.

### **Rakhi making workshop August 23**

In the Rakhi making workshop more than hundred students participated and rakhis were sent to Indian soldiers.

### **Guest lecture on 'Yoga and Stress management' by Dr.Mukta Bhagat July 23**

Dr. Mukta conducted the session on 'Yoga and Stress Management ' students attended the session .Dr. Mukta shared knowledge about Yoga and meditation. She explained how Yoga and meditation improves our quality of life.

### **Self defence workshop for girls by Mr. deep Mahendale Oct 2023**

Through self defence training the girls are taught to become psychologically, intellectually and physically strong. Mr. Mahendle conducted the workshop in a good and humorous way the girls as well as boys enjoyed the workshop and learned simple tricks of self-defending.

### **Navratri festival celebration 21 October**

Main purpose was to create awareness about our traditional festivals. Girl students as well as teachers celebrated bhodala and garba with music and dance.